

## FBISD School Health Advisory Council (SHAC)

**Vision:** The FBISD School Health Advisory Council (SHAC) was established by the Board of Trustees to assist the District in meeting its strategic objectives to provide healthy school environments for students, staff and community members and to teach and promote wellness through healthy lifestyles. The SHAC acts in an advisory capacity to the Superintendent and Board of Trustees.

A School Health Advisory Council (SHAC) is a school board appointed advisory group of individuals who represent different segments of the community. By law, the majority of the members must be persons who are parents of students enrolled in the District and who are not employed by the District. The FBISD SHAC is made up of parents, community members and District employees working together to improve the health of all students and families through coordinated school health programs focused on the whole child.

**Mission:** The FBISD SHAC shall use the Whole School, Whole Child, Whole Community (WSCC) model, the Board of Trustee Goals and the Fort Bend ISD Profile of a Graduate attributes to support the FBISD District community for the purpose(s) of effectively implementing the District Wellness Policy - FFA (Local), while promoting evidence-based wellness resources that encourage and foster lifelong wellness of staff, students and the community.



### 2019-2020 FBISD SHAC GOALS

**GOAL 1:** Provide feedback and recommendations in the Annual Report to the Board of Trustees to ensure that the FFA (Local) actively challenges the District to improve the health and wellness of all Fort Bend ISD students, families, and staff, in accordance with FFA(Legal) and FFA(Regulations), and that appropriate revisions are made by the end of the triennial review period of June 2020.

**GOAL 2:** Initiate and assist with the development of an interactive, comprehensive, evidence-based wellness resource on Schoology, in coordination with the District, in the form of a Virtual Health School (VHS) model, that will guide principals, and other campus and district personnel, in the process of evaluating, implementing, and improving the campus wellness environment according to each campus improvement plan (CIP). The creation of a District VHS model will also help the SHAC and the District Stakeholders continuously evaluate the FFA(Local) and recommend resources and best practices that will equip the entire District with the life skills required to promote a whole child approach to learning, teaching and community engagement.

**GOAL 3:** Increase FBISD SHAC visibility and membership opportunities to students, families, staff and the community to ensure that the SHAC embraces differences, is culturally aware, and actively engages in improving the health and wellness of our diverse District according to FFA(Local). Specifically, the SHAC will seek to identify an organizational structure that will define the roles of the Executive Board officers, the sub-committees and the general member roles, including those of the required District representatives for each WSCC Model component.

**GOAL 4:** Review and revise current SHAC Bylaws, based on the District Wellness Policy FFA(Local), to aid in the creation of a Standing Rules Charter of Common Expectations document that will provide structure, define roles, and foster the recruitment and retention of SHAC members in our school district.

**GOAL 5:** Expand the SHAC Recognition Awards by collaborating with principals, and other District leaders, to recognize campus groups, individual wellness champions and community partners whom apply resources and knowledge to grow wellness on their campus, in the District, and whom further foster the development of students to exemplify the FBISD Profile of a Graduate.



For more information, please contact Erika Bernhard, RDN, LD, CDE, the current SHAC Chair, at [chairfortbendisshac@gmail.com](mailto:chairfortbendisshac@gmail.com).